

## December Full Moon

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The December Full Moon is an important time for Wiccans, as it represents the height of the winter season and is associated with renewal and rebirth. Wiccans celebrate this lunar event as a time to let go of the old and welcome in the new, and to connect with the spiritual energy of the natural world. In this article, we will explore the significance of the December Full Moon for Wiccans and how it is celebrated in modern-day Wiccan practice.

The December Full Moon, also known as the Cold Moon or the Long Nights Moon, is the final full moon of the year, and falls between the winter solstice and the start of the new year. It is a time when the days are shortest and the nights are longest, and the world around us seems to be in a state of hibernation. For Wiccans, this is a time to reflect on the past year, to release old patterns and negative energies, and to set intentions for the new year.

One of the key themes of the December Full Moon is renewal and rebirth. Wiccans believe that this is a time when the Earth is undergoing a process of transformation, as the old gives way to the new. This can be seen in the natural world, as plants and animals adapt to the changing seasons, and in our own lives, as we let go of old habits and embrace new opportunities. Wiccans use this lunar event as an opportunity to tap into the transformative power of the natural world, and to align themselves with the rhythms of the Earth.

Another important aspect of the December Full Moon for Wiccans is the connection to the element of Water. Water is associated with emotions, intuition, and the subconscious, and is seen as a powerful force for transformation and healing. Wiccans use the energy of the Full Moon to connect with the element of Water, to release old emotions and patterns that no longer serve them, and to open themselves up to new insights and opportunities. This can be done through meditation, ritual baths, or simply spending time near bodies of water.

In modern-day Wiccan practice, the December Full Moon is celebrated through a variety of rituals and traditions. Many Wiccans hold Full Moon circles, where they gather together to meditate, perform rituals, and share their intentions for the coming year. These circles may involve chanting, dancing, or the lighting of candles, and are often held outdoors, under the light of the Full Moon.

Other Wiccans celebrate the December Full Moon through personal rituals, such as lighting candles or performing a ritual bath. These rituals may involve the use of herbs, crystals, or other natural materials, and are designed to help the practitioner connect with the energy of the Full Moon and set intentions for the coming year.

In conclusion, the December Full Moon is a significant event for Wiccans, representing the height of the winter season and the potential for renewal and rebirth. Wiccans use this time to reflect on the past year, release old patterns and negative energies, and set intentions for the new year. Through the use of rituals and meditation, Wiccans tap into the transformative power of the natural world and align themselves with the rhythms of the Earth. By honoring the December Full Moon, Wiccans celebrate the beauty and power of the natural world, and connect with the spiritual energy that surrounds us all.

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### December Full Moon Ritual

#### Materials:

- Altar with representations of the elements (earth, air, fire, water)
- Candles (white, silver, or blue)

- Incense (pine, cedar, or frankincense)
- Crystals (such as clear quartz, moonstone, or amethyst)
- Offering of fruit, nuts, or other seasonal foods
- Journal and pen

#### Preparation:

- Set up your altar, placing the candles, incense, and crystals in their respective elemental positions.
- Light the candles and incense, invoking the elements and the Goddess and God.
- Take a moment to ground and center yourself, focusing on your breath and setting your intention for the ritual.

#### Ritual:

1. Invocation: Stand before the altar and call upon the energies of the Full Moon and the Crone Goddess, inviting her wisdom and guidance to be present with you. You may use the following invocation or create your own:

"Mother of darkness, Grandmother of all, We call upon you in this sacred hall. Mighty Crone, Lady of the night, Guide us through this season of winter's might."

2. Reflection: Take a moment to reflect on the past year, acknowledging the challenges and triumphs you have experienced. Write down any thoughts or feelings that come to mind in your journal.
3. Gratitude: Light the offering of fruit or nuts, offering your thanks to the Goddess for the blessings in your life. You may speak your gratitude aloud or in your mind.
4. Release: Take a crystal and hold it in your hand, visualizing any negative energy or emotions you wish to release flowing into the crystal. When you feel ready, place the crystal on the altar, releasing that energy to the Goddess.
5. Setting intentions: Hold another crystal in your hand and focus on your intentions for the coming year. Visualize these intentions manifesting as you place the crystal on the altar.
6. Closing: Thank the Goddess and God for their presence and energy during the ritual. Extinguish the candles and incense, and ground yourself by placing your hands on the earth.